

March 26, 2020

Dear Parishioners,

I am pleased to present to you all our COVID-19 Parish Prayer Plan. This is how all of our parishioners can unite together to pray for our communities as we struggle with the threat of an aggressively spreading Virus and the economic challenges that are already arising due to its spread.

The entire plan, which is being updated daily with extra commentary and videos, can be found at the St. Rose website: <https://www.stroselongview.com/single-post/2020/03/25/Parish-Prayer-Plan>

The plan itself is not overly burdensome and I have no doubt that every single parishioner can participate in it fully. It does not require long periods of time, but calls us back to prayer throughout the day. It is quite simple and basic, but there are options for people who are looking for more.

You can visit the site to read more about each devotion, but I will briefly state the basic steps of the plan here:

Morning Prayer: Pray Psalm 91

Noon prayer: A simple Our Father

Late Afternoon/early evening prayer: 10 minutes pondering scripture

Night Prayer: Keeping a gratitude journal and offering thanks to God.

All day Friday: Fasting

Sunday: Doing something special to celebrate the Resurrection

Again, if you want to read more about each devotion and why it is important at this particular moment, please visit the link above.

Fr. Bryan